

THREE YEAR-OLD GOALS

Social and Emotional Development

Participates in large and small groups (Circle Time, Movement, music & crafts)
Plays independently in centers
Cooperates with teachers
Plays cooperatively with other children
Seeks help when needed

Cognitive/ Language Development

Knows first and last name
Recognizes written name
Knows age
Follows 2 step directions
Stays on task
Shows interest in books and stories
Communicates with teachers and classmates
Begins symbolic play (pretending, using one object for another)
Repeats simple rhymes, songs, and finger plays
Identifies colors: red, orange, yellow, black, blue, pink, green, purple, white
Identifies shapes: circle, square, triangle, rectangle, oval, star, diamond
Shows curiosity, investigative skills (who, what, where?)
Recognizes letters and their sounds
Recognizes numbers 0-10
Counts & sorts
Recognizes days of the week and months of the year

Physical Development

Fine Motor

Uses scissors
Puts together puzzles
Paints with large brush
Holds crayon with fingers rather than fist
Demonstrates fine motor skills (cuts, colors)
Puts on and takes off outerwear correctly
Hangs up belongings

Gross Motor

Demonstrates running
Demonstrates jumping
Demonstrates hopping with one foot and two feet
Throws and catches a ball
Takes care of personal hygiene (including toileting)
Is able and willing to clean up after self